

# **Your Financial Wellbeing**

Working together to be at our best to make a difference.

## Introduction:

This workshop has been designed to identify key topics that will help you strengthen your financial wellbeing by enabling you to make informed decisions when it comes to your financial planning.

## Learning outcomes:

Financial education specialists **Affinity Connect** facilitate this interactive workshop where you will gain and understanding of:

- Your income and expenditure
- Your borrowing
- Planning your financial goals
- · Preparing for your retirement

#### Who should attend?

Open to everyone

# What you will need?

- In advance of the virtual workshop, you will be sent a diary invite. In this invite will be a declaration and the following statement: "By accepting this invite, you are demonstrating that you have read and understood the following declaration..." (leading into the declaration). You must therefore accept the invite prior to attending the workshop
- A willingness to learn and share experiences with others
- Writing materials for activities and taking notes

# **Booking information:**

Check dates and availability on ESR.

## Workshop lead:

**Affinity Connect** 



