



# Pre-retirement

Working together to be at our best to make a difference.

## Introduction:

This workshop will help you make informed choices about your retirement, encouraging you to gain a positive and realistic approach to a financially secure retirement. Keeping your plans on track can be a challenging task and it is now more important than ever to make sure you are in control of your retirement.

## Learning outcomes:

Financial education specialists **Affinity Connect** facilitate this interactive workshop, helping you to learn how to:

- Help you plan for the lifestyle changes ahead
- Maximise the benefits of your State and NHS pensions
- Make the most of your tax-free cash
- Understand the income options available from your pension
- Achieve your retirement goals

## Who should attend?

There are no age restrictions for attendees but the workshop is particularly recommended to anyone who is aged 50 or over, or within 10 years of retiring, to inspire you to take action

## What you will need?

- In advance of the face-to-face workshop, you will be sent a diary invite. In this invite will be a declaration with the following statement: "By accepting this diary invite, you are demonstrating that you have read and understood the following declaration..." (leading into the declaration). You must therefore accept the invite prior to attending the workshop
- A willingness to learn and share experiences with others
- Writing materials for activities and taking notes

## Booking information:

Check dates and availability on ESR

## Workshop lead:

Affinity Connect

