



Menopause Awareness for Managers

Working together to be at our best to make a difference.

Introduction:

This workshop is designed to equip people leaders/managers with the necessary understanding of menopause. In addition, it will provide guidance and advice on how to manage and support staff appropriately and sensitively during this phase of their lives.

Learning outcomes:

- Understand what menopause is, why it happens and when it can happen
- Have an awareness of the potential different menopausal symptoms
- Know what resources and support are available to you and for staff
- Be able to support staff experiencing menopausal symptoms including how to have a supportive conversation and also consideration of reasonable adjustments
- Understand your roles and responsibilities as a manager
- Understand the menopause policy and procedure
- Gain an awareness of the employment legislation relating to managing staff who are experiencing menopausal symptoms

Who should attend?

This workshop is aimed at any level of people leader/manager, including those on development, new to role or even those established leaders just looking to refresh their knowledge on the Menopause policy and procedure and its application.

What you will need?

Access to Microsoft Teams, willingness to participate and engage in the topic and have had a prior read of the policy and procedure from the Green Room.

Booking information:

Check dates and availability on ESR

Course Leads include: Louise Petryczuk (HR Advisor), Rebecca Williams (HR Advisor), Lisa Tyndall (L&D Organisational Manager), Macaila Finch (L&D Organisational Manager), Mary Peters (Senior Clinical Quality Manager), (Jane Atkinson Community Development Resuscitation Officer).





Louisa.Petryczuk@nwas.nhs.uk 07812305475

Rebecca.williams@nwas.nhs.uk 07812305512

Lisa.tyndall@nwas.nhs.uk 07812304181

Macaila.Finch@nwas.nhs.uk 07812304182

Mary.Peters@nwas.nhs.uk 07825734110

Jane.atkinson@nwas.nhs.uk 07812305724



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MAKING A DIFFERENCE.**

#BeThinkDo